

Health Promotion Library
Llyfrgell Hybu Iechyd

New Books Bulletin
Bwletin Llyfrau Newydd



Issue 1 - 2009

This new books bulletin is a record of new materials
added to the Health Promotion Library.
*Mae'r bwletin hwn yn gofnod o'r llyfrau newydd sydd wedi'u
hychwanegu at y Llyfrgell Hybu Iechyd.*

Welcome to the Library New Books Bulletin. The bulletin is issued bi-monthly, to keep you up to date on the new materials we are adding to the Library's stock.

The items are listed under broad subject group, with one entry only per title, even though an item may deal with more than one topic.

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Anelwn at ymateb i'ch ceisiadau i fenthyg o fewn **dau ddiwrnod gweithio**, ond nid yw hyn bob amser yn bosibl gydag eitemau poblogaidd. Felly, gorau po gyntaf y gwnewch eich cais i fenthyg. Os bydd eitem wedi'i marcio'n **Gyfeirlyfr yn unig**, cysylltwch â'r llyfrgell am gymorth.

Gobeithiwn y byddwch o'r farn bod y Bwletin hwn yn ddefnyddiol. Os bydd gennych unrhyw sylwadau, neu os hoffech inni anfon y bwletin i'ch cydweithwyr, mae croeso ichi roi gwybod inni.

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Mike Weaver

ADHD

PAUL, D. ADHD: the essential guide. Peterborough: Need2Know, 2008
ISBN: 9781861440600 Number of pages: 135pp

Does your child have frequent temper tantrums? Are they always fidgeting, running around screaming or falling over? Perhaps you teach a child like that. If so, the chances are there's nothing to worry about and they're just being boisterous. But for five to ten per cent of children it isn't that simple. These characteristics can be some of the symptoms of Attention Deficit Hyperactivity Disorder (ADHD). So, how can you tell the difference and what can you do about it? This book is here to help. Its easy-to-read style guides parents and carers through the process, from spotting the symptoms and getting a diagnosis to receiving treatment and support. Detailed information is provided on the treatment available, assessments, statements, appeals, how to get the school on board, further education and work. Whether you're a parent or teacher, being equipped with the facts will enable you to make informed decisions.

AGEING POPULATIONS

MAGNUS, G. The age of aging: how demographics are changing the global economy and our world. Chichester: John Wiley and Sons, 2009
ISBN: 9780470822913 Number of pages: 321pp

This book examines the economic effects of aging, the main proposals for addressing the implications, and how aging societies will affect family and social structures, and the type of environment in which the baby-boomers' children will grow up. The contrast between the expected old age bulge in Western nations and the youth bulge in developing countries has important implications for globalization, and for immigration in Western countries - two topics already characterized by rising discontent or opposition. But we have to find ways of making both globalization and immigration work for all, for fear that failure may lead us down much darker paths. Aging also brings new challenges for the world to address in two sensitive areas, the politicization of religion and the management of international security. Governments and global institutions will have to take greater responsibilities to ensure that public policy responses are appropriate and measured. The challenges arising within aging societies, and the demographic contrasts between Western and developing countries make for a fractious world - one that is line with the much-debated 'decline of the West'. The book doesn't flinch from recognizing the ways in which this could become more visible, but also asserts that we can address demographic change effectively if governments and strengthened international institutions are permitted a larger role in managing change.

ALCOHOL MISUSE

MARTIN, C.R. (ED). Identification and treatment of alcohol dependency. Keswick: M&K Update, 2008
ISBN: 9781905539161 Number of pages: 396pp

Every day, health professionals are faced with patients and clients who are affected in some way by alcohol misuse or abuse. This text on alcohol dependency will

enable all interested professionals to update their knowledge and better understand each other's roles, so that through shared working they can help patients and clients achieve a common goal of better health. Covering topics such as liver disease, cognitive development, criminal justice and spirituality, it addresses six major themes: identification and screening; medical interventions; psychological interventions; contemporary issues; clients with complex needs; and reproductive and developmental concerns.

NATIONAL AUDIT OFFICE. Department of Health. Reducing alcohol harm: health services in England for alcohol misuse. HC 1049 Session 2007-2008. London: The Stationery Office, 2008

ISBN: 9780102954333

Number of pages: 53pp

This report from the National Audit Office examines the health service provision in England in respect of dealing with alcohol misuse. It sets out a number of main findings and recommendations, including: A quarter of Primary Care Trusts (PCTs) had not accurately assessed the alcohol problems in their area; Many PCTs do not have a strategy for alcohol harm or a clear picture of spending on such services; Local provision for specialist services is not based on a good understanding of a communities' needs, with wide variations between localities; Few PCTs collect detailed data on local patterns of alcohol misuse; Money spent on identification and brief advice can be cost effective, helping to pre-empt the need for more expensive services; PCTs need to coordinate more effectively with other public bodies, such as the police, prisons and probation staff, as well as social services to identify and help people who are misusing alcohol; and At present, no systematic means of promoting good evidence-based practice on alcohol harm across PCTs exists.

TIRBUTT, E.; TIRBUTT, H. Beat the booze: a comprehensive guide to combating drink problems in all walks of life. Petersfield: Harriman House, 2008

ISBN: 9781905641420

Number of pages: 289pp

This easy to read and highly practical book is aimed at those who wish to cut down or cut out alcohol and at those who wish to help someone else who has a drink problem. It can help both problem drinkers and individuals who wish to reduce their alcohol intake simply for lifestyle reasons, and contains all the assistance the authors could find from interviewing leading experts in the field of alcohol addiction and case studies who have successfully cut down their drinking or given up alcohol altogether. It includes many new and previously little publicised sources of help, and the Appendix contains contact details for a vast range of organisations that can provide professional help and further information. The authors have also been able to draw on extensive personal experience in battling alcohol. One used to have a serious drink problem, the other gave up for lifestyle reasons.

ASTHMA

ARSHAD, S.; BABU, K.S. Asthma. The Facts Series. Oxford: Oxford University Press, 2009

ISBN: 9780199211265

Number of pages: 149pp

Over 5 million people in the UK and over 6% of children in the US suffer from Asthma, and a recent increase in prevalence is thought to be attributed to our modern lifestyle, such the changes in housing, diet and a more hygienic

environment that have developed over the past few decades. This book is a practical guide to asthma, suitable for those who suffer from asthma, their families, and the health professionals that treat them. It details how a diagnosis of asthma is reached, and what treatments are available to successfully manage the condition and prevent attacks on a day-to-day basis. The book contains advice on proactive changes which can be made to lifestyles, such as avoiding allergens, as well as how to cope with an attack, and how to administer the relevant treatment effectively. The authors conclude that whilst there is currently no cure for asthma, by taking a proactive, self-directed approach to management, its impact on the patient and their lives can be significantly reduced.

AUTISM

ADAMS, S. A book about what autism can be like. London: Jessica Kingsley Publishers, 2009

ISBN: 9781843109402

Number of pages: 43pp

Chris and Andrew are very good friends, but sometimes Chris does things that Andrew doesn't understand. Chris can hear a fly buzzing when it's a mile away! But he doesn't like bright flashing lights like the ones on Andrew's favourite arcade game. Chris and Andrew have lots of fun together, but at times they laugh at completely different things - it doesn't matter though, because everyone is different, and being different can be rather cool! Chris and Andrew are here to help people understand the experiences of a child with autism, and how others can help by understanding how they are different, and recognising their many unique talents. This fully-illustrated book is targeted at boys and girls aged 5+, and also serves as an excellent starting point for family and classroom discussions.

THE NATIONAL AUTISTIC SOCIETY. Being me: a self-development resource pack for people on the autism spectrum. London: The National Autistic Society, 2008

ISBN: 9781905722646

Number of pages:

People who have recently been diagnosed as being on the autism spectrum may have a lot of questions. What is autism spectrum? How does being on the spectrum affect me? What am I good at? What might I need support with? Being Me features a DVD where people on the autism spectrum talk about their experiences. For professionals, it's a useful way of introducing the idea of the autism spectrum to newly diagnosed young people and adults, and encouraging discussion about what it means to be on the spectrum. Alongside the DVD, there is a CD-ROM with ten session plans on it, covering subjects such as feelings around diagnosis; the positive aspects of being on the autism spectrum; disclosure; socialising; and employment. Each session plan includes ideas for group discussion and practical worksheets.

BLACK AND MINORITY ETHNIC GROUPS

FINNEY, N.; SIMPSON, L. 'Sleepwalking to segregation'? Challenging myths about race and migration. Bristol: The Policy Press, 2009

ISBN: 9781847420077

Number of pages: 218pp

Is Britain really under threat from ethnic diversity? Is the social fabric crumbling as we sleepwalk to segregation? In the context of renewed debates about diversity and

cohesion, this book interrogates contemporary claims about race and migration. It demonstrates that many of the claims are myths, presenting evidence in support of and opposition to them in an accessible yet academically rigorous manner. The book combines an easy-to-read overview of the subject with innovative new research. It tackles head-on questions about levels of immigration, the contribution of immigrants, minority self-segregation, ghettoisation and the future diversity of the population. It poses a direct challenge to the arguments of commentators such as MigrationWatchUK and the Commission for Equality and Human Rights. The authors argue that the myths of race and migration are the real threat to an integrated society. They propose that diversity and mobility are expected and benign, and recommend that focus should return to problems of inequality and prejudice.

CHILDREN

BARKER, R. (ED). Making sense of Every Child Matters: multi-professional practice guidance. Bristol: The Policy Press, 2009
ISBN: 9781847420114 Number of pages: 211pp

This book examines the implications of the Every Child Matters (ECM) agenda for working with children. It analyses the key issues from the perspective of the different professions that make up the 'new children's workforce' and explores interprofessional considerations. It describes and analyses the Every Child Matters programme in relation to the wider social context for children, with a consideration of inter-professional issues. The chapters give an overview of the recent history, current position, and main trends of the specific professions. It includes practice issues and case examples from health, education, social work, playwork, children's centres and early years. It is updated to take into account recent changes, including the creation of the new Department of Children, Schools and Families. It considers the opportunities and challenges presented by the current agenda, including the possible implications for future multi-disciplinary working.

CHRONIC ILLNESS

CAREL, H. Illness: the cry of the flesh. The Art of Living Series. Stocksfield: Acumen Publishing, 2008
ISBN: 9781844651528 Number of pages: 147pp

What is illness? Is it a physiological dysfunction, a social label, or a way of experiencing the world? How do the physical, social and emotional worlds of a person change when they become ill? And can there be well-being within illness? In this book, Havi Carel explores these questions by weaving together the personal story of her own serious illness with insights and reflections drawn from her work as a philosopher. Carel argues that the concepts and language used to describe illness today are inappropriate and misleading. Too often illness is viewed as a localised biological dysfunction while ignoring the actual experience of the ill person, their fears, their hopes, the way they interact with others and, ultimately, experience life. By focusing on the impact of illness on the ill person's life and reflecting on the experience of illness as lived from within, Carel shows how illness is a life-changing process rather than a limited physiological problem.

COMMUNITY DEVELOPMENT

PITCHFORD, M.; HENDERSON, P. Making spaces for community development. Bristol: The Policy Press in association with the Community Development Foundation, 2008
ISBN: 9781847422590 Number of pages: 134pp

Making spaces for community development offers an account of the key changes to the context and practice of community development since the 1970s, told through the experiences and insights of a group of highly experienced practitioners. The book, intended for those practising and interested in practising community development today, focuses on dilemmas arising from the shift to partnership working from a more confrontational model, and the professionalisation of the field.

SYRETT, S.; NORTH, D. Renewing neighbourhoods: work, enterprise and governance. Bristol: The Policy Press, 2008
ISBN: 9781861348616 Number of pages: 290pp

Jobs and enterprise are central to creating neighbourhoods with a sustainable economic future. Yet despite the emphasis within current policy agendas upon the need to view the problems of localised deprivation in an integrated and holistic manner, in practice promoting a strong economic basis for deprived neighbourhoods has remained an elusive challenge. The marginal impacts of successive regeneration programmes and policies in the UK reflect both a failure to adequately understand the nature of the economic challenge as well as the difficulties of designing and delivering policies operating across spatial levels which are sensitive to local differences. Through a combination of original research and a wide ranging review of recent research and policy practice, this book provides a comprehensive overview of the economic development issues central to the renewal of deprived neighbourhoods. By identifying the nature of the economic problems that beset deprived neighbourhoods and considering the range of employment and enterprise related policy initiatives that have been developed in response, this book provides critical insights into what does and doesn't work in the economic regeneration of deprived neighbourhoods.

COMMUNITY PARTICIPATION

FLINT, J.; ROBINSON, D. (EDS). Community cohesion in crisis? New dimensions of diversity and difference. Bristol: The Policy Press, 2008
ISBN: 9781847420237 Number of pages: 277pp

There is an alleged crisis of cohesion in the UK, manifested in debates about identity and 'Britishness', the breakdown of social connections along the fault lines of geography, ethnicity, faith, income and age, and the fragile relationship between citizen and state. This book examines how these new dimensions of diversity and difference, so often debated in the national context, are emerging at the neighbourhood level. The chapters provide theoretically informed critiques of the policy responses of public, private, voluntary and community organisations and present a wealth of new empirical research evidence about the dynamics of cohesion in UK neighbourhoods. Topics covered include new immigration, religion and social capital, faith schools, labour and housing market disconnections, neighbourhood territoriality, information technology and neighbourhood construction, and gated communities.

CRIME

BLYTH, M.; SOLOMON, E. (EDS). Prevention and youth crime: is early intervention working? Bristol: The Policy Press, 2009
ISBN: 9781847422637 Number of pages: 120pp

The 2008 UK government "Youth Crime Action Plan" emphasises prevention and early intervention in different aspects of work with young people who offend or are considered to be 'at risk' of offending. Much of this approach includes targeted work with families and work to reduce the numbers of young people entering the youth justice system. This report takes a critical look at early intervention policies. Through contributions from leading experts on youth work and criminal justice it: considers the development of integrated and targeted youth support services and the implications for practice of early intervention policies; analyses the causes of serious violent crime through consideration of issues that address gangs and guns; provides an evaluation of the government's early intervention strategy through the examination of its Sure Start programme and other family initiatives; identifies the psychobiological effects of violence on children and links them to problem behaviour; considers the impacts of family intervention projects and parenting work; and, compares approaches to early intervention across different jurisdictions and examines the lessons for practice in England and Wales.

DEAF-BLINDNESS

WELSH ASSEMBLY GOVERNMENT. Moving forward: services to deafblind people: practice guidance. Cardiff: Welsh Assembly Government, 2008
ISBN: Number of pages: 98pp

In 2001 the Welsh Assembly Government issued National Assembly Circular 10/01 "Social Care for Deafblind Children and Adults". The Guidance was issued under Section 7 of the Local Authority Social Services Act 1970. In the following 3 years the Welsh Assembly Government undertook annual surveys on the implementation of the guidance and in 2005 the Care Standards and Social Services Inspectorate Wales (CSSIW) and Sense Cymru held three regional workshops in Llandudno, Carmarthen and Newport to feed back to local authorities the results of the latest survey undertaken. Since then CSSIW and Sense Cymru have been working on the development of Practice Guidance which is designed to amplify the original Section 7 Guidance. This practice guidance has now been revised in light of the recent 12 week consultation that took place earlier this year.

DEMENTIA

SMALL, N.; FROGGATT, K.; DOWNS, M. Living and dying with dementia: dialogues about palliative care. Oxford: Oxford University Press, 2008 (reprint)
ISBN: 9780198566878 Number of pages: 248pp

Improvements in health care in the 21st century mean people are living longer, but with the paradox that chronic illness is increasingly prevalent. Dementia, a term used to describe various different brain disorders that involve a loss of brain function that is usually progressive and eventually severe, is a condition associated with an ageing population and is becoming increasingly common. Worldwide there are approximately 24 million people with dementia, expected to rise to 81 million by

2040. Inevitably, people living with dementia will die, but their needs at the end of life are not well known. This book describes what might be achieved if the values and best practice of both dementia care and palliative care are brought together, to achieve quality end of life care for this specific group of patients. It explores what is known about the experience of dying with dementia, using a narrative approach, and develops a model that draws together a 'person-centred' approach to care. The book examines the possibilities and the challenges faced when trying to improve quality of life for people with dementia, and presents examples of good practice from across the world.

DEPRESSION

FOREMAN E.I.; ELLIOTT, C.H.; SMITH, L.L. Overcoming depression for dummies. Chichester: John Wiley & Sons, 2008
ISBN: 9780470694305 Number of pages: 371pp

This book outlines practical methods for recognising and managing the symptoms of depression for those readers who might be too scared to go to their GP, who want to know more about the illness before they seek professional medical guidance, or for those who are just curious about depression and what it means. It is written by an team of clinical psychologists and provides step-by-step guidelines on therapeutic exercises and ways to implement positive psychology methods. It provides advice on nutrition, relaxation and support, to help make those vital first steps towards a happier life and gives comprehensive information on the wide variety of prescription medication and complementary therapies available, including their effectiveness and side effects. It is aimed at people suffering from depression looking for straightforward, realistic advice and also loved ones and parents of those suffering from depression wanting to better understand the condition and find out how they can help.

DIABETES

MARSHALL, S. Diabetes: the essential guide. Peterborough: Need2Know, 2008
ISBN: 9781861440594 Number of pages: 131pp

Diagnoses of diabetes are on the rise across the UK; it is considered to be a 'chronic condition' and living with it requires an understanding of what it is and how to treat it. This book, in practical terms, explains diabetes, its causes and effects, and offers strategies for living with the condition, whether you have diabetes yourself, or are a parent with a diabetic child. Expert advice and the latest information covers Type 1 and Type 2 diabetes, the diabetic diet and lifestyle, current diabetes management and equipment.

DOWN SYNDROME

SELIKOWITZ, M. Down syndrome. 3rd ed. The Facts Series. Oxford: Oxford University Press, 2008
ISBN: 9780199232772 Number of pages: 211pp

Down syndrome is a genetic condition which causes varying degrees of learning disability as well as other health problems. Nearly one baby in every 1000 born in the UK has the condition. Parents are often frightened and confused by the birth of

a baby with Down syndrome, and they need reassurance as well as up-to-date information regarding the condition. The new edition of this book for parents of children with Down syndrome covers a number of important new developments in research and clinical practice that have occurred in the field in recent years. These include several newly recognised medical conditions that are known to occur more commonly in patients with Down syndrome, for example, glaucoma, gastrointestinal malformations, feeding difficulties, gastro-oesophageal reflux, coeliac disease, and diabetes. This expanded edition also includes new recommendations regarding routine health checks in line with those of the UK Down Syndrome Medical Interest Group (UKDSMIG). Additionally the book covers new prenatal screening methods which have been developed to identify Down syndrome during pregnancy.

ENVIRONMENT

TURNER, LORD (CHAIRMAN) COMMITTEE ON CLIMATE CHANGE. Building a low-carbon economy - the UK's contribution to tackling climate change: the first report of the Committee on Climate Change. London: The Stationery Office, 2008
ISBN: 9780117039292 Number of pages: 480pp

The inaugural report from the UK's new Committee on Climate Change (CCC) offers independent and expert analysis of current levels of greenhouse gas emissions and the steps that the UK will need to take in order to significantly reduce emissions and tackle climate change. The report advises on the levels of the first three carbon budgets from 2008-2022 and what the long-term climate reduction target should be to 2050. This report caters for the growing number of people interested in the UK's efforts to tackle climate change as the UK moves towards a low carbon economy and is essential reading for all those interested in climate change and the economy. The report contains the latest analysis of current scientific and economic thinking on climate change and sets out a model for how the UK can reduce its emissions and contribute towards global emission reduction targets. It also assesses the benefits and costs to the UK's economy

EPILEPSY

BETTS, T.; CLARKE, H. Epilepsy in women. The Facts Series. Oxford: Oxford University Press, 2009
ISBN: 9780199548835 Number of pages: 168pp

Women with epilepsy have different needs to men with epilepsy, especially at various stages in their life cycle. Epilepsy and its treatment can affect or compromise the menstrual cycle, contraception, fertility and pregnancy, child development in the womb, child care and the menopause. Conversely the menstrual cycle, contraception, pregnancy and the menopause can all affect epilepsy and its management. This book adopts the female perspective and describes in detail the special problems that epilepsy can cause. It offers information and practical advice on the symptoms, diagnosis and management of the different types of epilepsy, providing an invaluable resource that will empower women with the knowledge that they need to take control of their health and to cope with their condition. The book contains numerous case histories, which provide surprising insights into the experiences of women with epilepsy, and 'Myths' and 'Facts' boxes which help the reader sort the valuable information from the misleading.

EQUAL OPPORTUNITIES

RACE EQUALITY FIRST. Working with others to make Equality Real: Annual Report 2008. Cardiff: Race Equality First, 2008
ISBN: Number of pages: 13pp

Race Equality First is an independent charity working in Cardiff and the Vale of Glamorgan to make equality real. It offers a range of services including free, confidential advice and support to victims of racial discrimination/racial harassment. It also offers advice, training and information relating to equalities and diversity.

EVALUATION

DICKINSON, H. Evaluating outcomes in health and social care. Bristol: Policy Press, 2008
ISBN: 9781847420343 Number of pages: 126pp

Partnerships continue to be a prominent feature of health and social care policy and one which seems set to stay. Despite this, partnerships have not actually been demonstrated to improve service user outcomes. This book argues that, rather than a lack of an impact per se, this is a result of the massive challenge faced by partnership evaluations and suggests we need to effectively evaluate the outcomes of partnerships or else the concept risks losing legitimacy. Against this background, the book provides an introduction to evaluation, outcomes and partnerships, summarising recent trends in policy and research, setting out useful frameworks and approaches and aiding policy makers and practitioners to more effectively evaluate partnerships.

FALLS

DAROWSKI, A. Falls. The Facts Series. Oxford: Oxford University Press, 2008
ISBN: 9780199541287 Number of pages: 190pp

Many people see falling as an inevitable part of growing older, and falls can result in serious injuries. As we age, deterioration in our ability to maintain balance, underlying illnesses, or disabilities can result in falls. Currently, one in eight patients in hospital are admitted due to a fall, and 50% of people over 80 years old fall every year. It is almost always possible to minimize the chances of falling, and to make our personal environment safer for when falls do occur. This book covers all aspects of falls, explaining why they happen, the common consequences, and what can be done to prevent them. It is intended for patients and their families, but will also be of value for health professionals at all levels. Falls: The Facts is an informative and practical guide, containing advice on what to do and how to cope when falls occur. It includes personal accounts of patients and their relatives to illustrate true experiences, and the positive outcomes that treatment can produce.

GOVERNMENT

GREER, S.L. (ED). Devolution and social citizenship in the UK. Bristol: The Policy Press, 2009

ISBN: 9781847420350

Number of pages: 237pp

This book explores how changing territorial politics are impacting on social citizenship rights across the UK. The contributors contend that whilst territorial politics have always been major influences in the meaning and scope of social citizenship rights, devolved politics are now increasingly producing different social citizenship rights in different parts of the UK. And they are doing it in ways that few scholars or policymakers expect or can trace. Drawing on extensive research over the last 10 years, this book brings together leading scholars of devolution and citizenship to chart the connection between the politics of devolution and the meaning of social citizenship in the UK. The first part of this book connects the large, and largely distinct, literatures on citizenship, devolution, and the welfare state. The empirical second part identifies the different issues that will shape the future territorial politics of citizenship in the UK: intergovernmental relations and finance; policy divergence; bureaucratic politics; public opinion; and, the European Union.

HEAD INJURIES

DAISLEY, A.; TAMS, R.; KISCHKA, U. Head injury. The Facts Series. Oxford: Oxford University Press, 2009

ISBN: 9780199218226

Number of pages: 182pp

Head injury affects approximately 1 in 300 families in England and Wales. It happens 'out of the blue' - without warning and therefore can be a bewildering and frightening experience, and frequently has a dramatic and sometimes devastating effect on the lives of the people involved. The sudden onset and the uncertainty surrounding recovery means that head injury often presents families with a wide array of emotions such as fear, guilt and sadness. With no previous experiences to guide them, people with head injury and their families can feel overwhelmed. This book begins with essential information about head injury including basic knowledge about the brain and how it is damaged. The book goes on to explore typical problems associated with a head injury and how to cope with specific issues. The third section provides support and guidance about how to deal with the long term consequences of a head injury, including information on where to find further support. Head Injury: The Facts is a family guide to understanding and coping with the practical and emotional problems that head injury brings.

HEALTH CARE

GREENER, I. Healthcare in the UK: understanding continuity and change. Bristol: The Policy Press, 2009

ISBN: 9781861346087

Number of pages: 294pp

The National Health Service is undergoing a period of significant reform, with the reintroduction of the internal market, a focus on patient choice and the controversial introduction of 'foundation hospitals' all central to New Labour's strategy for changing healthcare in the UK. This book contends that attempts to reform the NHS

can only be understood by reference to both the wider social and political context, and to the organisational and ideational legacies present within the NHS itself. It aims to take the reader beyond a basic understanding of the historical development of health policy in the UK, to one that demonstrates an appreciation of the interactions between health policy, organisation and society. Continuity and change in the NHS: acts as a crucial bridge between conventional textbooks on the NHS and contemporary health policy research; provides a theoretically rigorous but accessible account of the development of policy and organisational change not found elsewhere; and, presents new scholarship in the political economy of welfare in a clear format.

HEALTH PROMOTION

CARDIFF HEALTH ALLIANCE. Working towards a healthy city: Cardiff health, social care and well being strategy 2008-2011 summary / Gweithio i gael dinas iach: strategaeth iechyd, gofal cymdeithasol a lles Caerdydd 2008-2011 crynodeb. Cardiff: Cardiff Health Alliance, 2008

ISBN: Number of pages: 20pp

The new Strategy for 2008-2011 builds on the foundations set in the first Strategy, by recognising that the priorities remain the same. The priorities have been further developed using the findings of a health needs assessment and through the involvement of key stakeholders. The priorities identified by the Welsh Assembly Government have also been considered. The Strategy describes the areas of planned activity for the next three years and reflects the needs of residents as well as more vulnerable groups including gypsies and travellers, asylum seekers and the homeless.

STEPHENS, C. Health promotion: a psychosocial approach. Maidenhead: Open University Press, 2008

ISBN: 9780335222087 Number of pages: 239pp

This book provides a critical and theoretical basis for practice in social and community approaches to health promotion. Recently, health promoters are focusing their attention not just on individual lifestyle change, but on daily social and physical conditions that surround the individual, and are now looking towards lifestyle change based on community and socially based interventions. The author aims to look at the theoretical background that informs this development investigating the social context of daily life, the social relations that affect opportunities for healthy lives, and the needs of communities. Examining theories from a social psychological perspective, Stephens will look at current theories of health and health promotion, and discuss explanations for health inequalities. The book will also include a practical grounding, examining current examples of community health promotion practice such as Community Arts and local community models. Such areas of investigation allow Stephens to draw on material and research from Britain, New Zealand, Canada, the US and South America giving an international appeal. The media's role in health promotion is also investigated, drawing on current media theory and examining media representation and the public's interpretative response. Finally, the issues surrounding the evaluation of health promotion programmes will be discussed.

HEPATITIS C

HARRIS, H; RAMSAY, M. (EDS). Hepatitis C in the UK: the Health Protection Agency annual report 2008. London: Health Protection Agency, 2008

ISBN: Number of pages: 123pp

This report details the action being taken at a local and national level to tackle hepatitis C across the United Kingdom. Since the Agency's first annual hepatitis C report for England, government action plans have been published in all countries in the UK. Each of the plans reflects the different priorities and concern of that country, taking into consideration the differing systems for service delivery and the level of local accountability versus national coordination within each country.

INFERTILITY

DAVIES, M.; WEBBER, L.; OVERTON, C. Infertility. The Facts Series. Oxford: Oxford University Press, 2009

ISBN: 9780199217694 Number of pages: 228pp

This book provides current information and practical advice on the underlying causes, diagnosis and management of infertility in a clear and concise style that is accessible to patients. The book covers all aspects of infertility from investigation, treatment, successful pregnancy and coping with childlessness. The text is written in a plain-spoken style that is easy to read and absorb, with liberal use of bullet points, diagrams, graphs, photographs, tables and other illustrations. Case studies and patient perspectives are included throughout the text to bring key concepts to life.

LUPUS

ISENBERG, D.; MANZI, S. Lupus. 2nd ed. The Facts Series. Oxford: Oxford University Press, 2008

ISBN: 9780199213870 Number of pages: 101pp

Lupus is a disorder in which the body's immune system attacks itself, culminating in disease which can affect multiple organs, including the skin, joints, heart, lungs, kidneys, and central nervous system. Lupus currently affects about 30,000 patients in the UK, 500,000 in the United States and tens of thousands throughout Europe. Whilst there have been great advances in research into the genetic background of lupus and new interventions such as stem-cell transplants, there is still a surprising lack of information available for patients, carers and their families. Written by the former President of the British Society for Rheumatology and the current co-director of the Lupus Centre of Excellence in Pittsburgh, USA, this new edition of Lupus: The Facts reflects major developments in our understanding of the causes of lupus.

MENTAL HEALTH

KESSLER, R.C. ; USTUN, T.B. The WHO World Mental Health Surveys: global perspectives on the epidemiology of mental disorders. Cambridge: Cambridge University Press, 2008

ISBN: 9780521884198

Number of pages: 580pp

Mental disorders have profound social, cultural, and economic effects throughout the world. Although most psychiatry and psychology texts provide some basic data on the prevalence and treatment of mental disorders, no previous book has ever presented such data with the breadth or depth of the current volume. Reported here are the first results of the WHO World Mental Health (WMH) Survey Initiative, the largest coordinated series of cross-national psychiatric epidemiological surveys ever undertaken. The general population surveys in the WMH series span 17 countries in all parts of the world. In many of these countries the WMH surveys provide the first community epidemiological data ever available on mental disorders in the population. The detailed information on lifetime prevalence, age of onset, course, correlates, and treatment of mental disorders in this volume provides mental health professionals and healthcare policy planners with an unprecedented state-of-the-art reference on the cross-national descriptive epidemiology of mental disorders.

MORTALITY

SHAW, M. ET AL. The Grim Reaper's road man: an atlas of mortality in Britain. Bristol: The Policy Press, 2008

ISBN: 9781861348234

Number of pages: 238pp

This full-colour atlas, with over 100 colour-coded and accessible maps, presents the geography from more than 14 million deaths over a 24-year period in Britain. The maps detail over 100 separate categories of cause of death, including various cancers, suicides, assault by firearms, multiple sclerosis, pneumonia, hypothermia, falls, and Parkinson's disease, and show how often these occurred in different neighbourhoods. Accompanying each map is a detailed description and brief geographical analysis - the number of people who have died due to each cause, the average age of death and ratio of male to female deaths are listed. Taken as a whole, these provide a comprehensive overview of the geographical pattern of mortality in Britain.

MUSCULAR DYSTROPHY

EMERY, A.E.H. Muscular dystrophy. 3rd ed. The Facts Series. Oxford: Oxford University Press, 2008

ISBN: 9780199542161

Number of pages: 149pp

The muscular dystrophies are a group of genetic diseases that severely affect children and adults. For sufferers and their family, the illness presents enormous physical and psychological challenges. Written specifically for people with muscular dystrophy and their families, this book answers many of the questions asked about how and why muscular dystrophy occurs, and how it will affect the life of a recently diagnosed child. As well as presenting the reader with advice and an explanation of muscular dystrophy, the book also guides the reader towards further information on

societies and support groups around the world, and reliable internet resources. It also contains a full glossary to aid the reader in their understanding of the disease. The different types of muscular dystrophy are described throughout with a minimum of technical jargon. Questions relating to exercise, physiotherapy, surgery, and the emotional effects of the diseases are answered, and advice is given on the problems of schooling and choice of career.

MUSCULOSKELETAL DISORDERS

ARDEN, E.; ARDEN, N.; HUNTER, D. Osteoarthritis. The Facts Series. Oxford: Oxford University Press, 2008

ISBN: 9780199211388

Number of pages: 199pp

Osteoarthritis is a common disorder of the joints that affects more than 2 million people in the UK, and studies suggest that this number will double in the next 20 years. The condition is strongly associated with ageing and is believed to affect up to 30% of people over 60 years of age. There are a number of misconceptions surrounding osteoarthritis and this, combined with the lack of effective drug treatments, often leaves patients dispirited and confused about their condition. Osteoarthritis: The Facts helps patients and their carers better understand their condition with a view towards self-management. The text is designed to be easy to read and is organized into two main parts. Part 1 details what osteoarthritis is, what causes it, who it affects, what the main symptoms are, how it is diagnosed and what the long-term outcome is. Part 2 summarises the current management of osteoarthritis, including the role of exercise, diet, medication, "nutriceuticals", alternative therapies, and surgery. The book also includes a useful resources section, including information on support groups, websites, and further reading.

NEUROLOGICAL DISORDERS

QUARRELL, O. Huntington's disease. 2nd ed. The Facts Series. Oxford: Oxford University Press, 2008

ISBN: 9780199212019

Number of pages: 154pp

Huntington's disease is a genetically inherited condition which results in severe nerve-cell damage in the brain. The hereditary and debilitating nature of the disease means that many people are involved either directly or indirectly by this condition. The recent identification of the faulty gene involved has made the diagnosis of this condition simpler. The majority of people develop the disease between the ages of 35 and 55 years, so for those aware of their genetic risk there are dilemmas to consider - should you have a test to see if you have the gene? Should you start a family? The new edition of this successful book specifically designed for families of patients with Huntington's disease has been expanded to include a number of important new developments in research and clinical practice that have occurred in the field in recent years. While there are no drugs currently available that slow down or reverse the neurodegenerative process in Huntington's Disease, there is growing data on the use of existing treatments to manage movement disorder, irritability and depression associated with the condition, which are covered here. This edition also includes completely new chapters covering juvenile Huntington's disease and late-stage Huntington's disease, and a fully updated Appendix of relevant patients' organizations.

NEUROMUSCULAR DISEASE

TALBOT, K.; MARSDEN, R. Motor neuron disease. The Facts Series. Oxford: Oxford University Press, 2008
ISBN: 9780199206919 Number of pages: 151pp

Motor neuron disease (MND) is a common but devastating disability that has a profound impact on people's lives. This book provides an easily-accessible guide to the disease for patients with motor neuron disease and their carers. The authors have organised it around a series of the commonest questions asked in their clinic, emphasising the variation in the course of MND and the individual nature of the patient journey through the disease. After an initial description of the symptoms for MND and how neurologists make the diagnosis the authors describe what is known about the causes and how scientists are trying to understand the disease. The book also looks at how a team of specialists can provide support and symptom control for the patient.

NUTRITION

BYRD-BREDBENNER, C. ET AL. Wardlaw's perspectives in nutrition. 8th ed. London: McGraw-Hill Higher Education, 2008
ISBN: 9780071284462 Number of pages: 686pp

This textbook covers all aspects of the study of nutrition. Chapters include the nutrition basics, energy-yielding nutrients and alcohol, metabolism and energy balance, vitamins and minerals, nutrition application in the life cycle.

DAVIES, E. Student cookbook: healthy eating - the essential guide. Peterborough: Need2Know, 2008
ISBN: 9781861440617 Number of pages: 215pp

This student cookbook proves that quick and easy healthy food doesn't have to be complicated or time consuming, and can be done on a student budget. You will also discover how to set up a healthy store cupboard, how to select the right foods at exam time, and how to cook healthy meals and snacks. Nutritional information and recipes are included. Discovering the basics of nutrition coupled with practical advice will help you to feel better, encouraging you to eat for a healthier life.

GRATZER, W. Terrors of the table: the curious history of nutrition. Oxford: Oxford University Press, 2008 (reprint)
ISBN: 9780199205639 Number of pages: 288pp

This book is an account of the struggle to find the necessary ingredients of a healthy diet, and the fads and quackery that have always waylaid the unwary and the foolish when it comes to the matter of food and health. Walter Gratzer tells the tale of nutrition's heroes, heroines and charlatans with characteristic crispness and verve. We find an array of colourful personalities, from the distinguished but quarrelsome Liebig, to the enterprising Lydia Pinkham. But we also find the slow recognition that the lack of vital ingredients can cause terrible illnesses - scurvy, rickets, beriberi. These diseases stalked the poor in the West even into the 20th century, and scandalously remain in poorer parts of the world today. The narrative stretches from classical times to the modern day and gives a valuable historical

perspective to our current understanding. It also highlights some of the problems faced by the developed world regarding health today - in particular diabetes and obesity. And despite our far greater understanding of what our body needs, there are still many who would fall for fads and fancy diets - some dangerous, others just daft.

OBESITY

MANSON, J. Child obesity: a parent's guide. Peterborough: Need2Know, 2008
ISBN: 9781861440495 Number of pages: 108pp

Child obesity has been described as a ticking time bomb, which is now as big a threat to society as global warming. Overweight, children are never out of the news and obesity rates are soaring. This comprehensive guide to obesity, its causes and effects, shows parents, carers and those concerned about children's eating habits, how to defuse the time bomb and tackle obesity. Expert advice and the latest information, finds solutions to child obesity and offers advice and strategies that can be used to help children obtain a healthy weight, good eating habits and an active lifestyle. Child friendly recipes, food facts and progress charts are an integral part of the book. If you think your child is obese or you want to prevent obesity, then this book is a must. It contains all the facts and information you need to keep your child fit and healthy.

OLDER PEOPLE

STANNER, S. ET AL (EDS). Healthy ageing: the role of nutrition and lifestyle. The report of a British Nutrition Foundation Task Force. Chichester: John Wiley & Sons, 2009
ISBN: 9781405178778 Number of pages: 426pp

This report from the British Nutrition Foundation looks in detail at the role nutrition and physical activity can play in ensuring that the older adults of tomorrow can lead not only longer, but healthier lives. The book describes the role of diet and lifestyle in the ageing process of the major body organs and tissues including the brain, heart, gastrointestinal tract, musculoskeletal tissues, eyes, teeth and skin, as well as immune and endocrine systems. It provides essential information for anyone involved in promoting health and quality of life for older people.

VICTOR, C.; SCAMBLER, S.; BOND, J. The social world of older people. Growing Older Series. Maidenhead: Open University Press, 2009
ISBN: 9780335215218 Number of pages: 262pp

This book provides a detailed account of loneliness and social isolation as experienced by older people living in Britain. The authors consider the incidence and effects of isolation and loneliness, identifying the factors which lead to such experiences and considering potential interventions. This is an important area as both loneliness and social isolation are negatively associated with both quality and quantity of life whilst the maintenance of social relationships is seen as a key component of 'successful ageing'.

PALLIATIVE CARE

LLOYD-WILLIAMS, M. Psychosocial issues in palliative care. 2nd ed. Oxford: Oxford University Press, 2008
ISBN: 9780199216420 Number of pages: 261pp

This new edition examines current practice and provision of psychosocial support as applied to palliative care patients. It reviews the current literature and evidence in order to demonstrate good, and better, practice in psychosocial care. The text covers a number of areas including the nature of services required to provide effective psychosocial care; cultural issues of psychosocial care and adaptation; and the importance of communication, including patients with communication difficulties; and socio-economic issues affecting the patient with advanced metastatic disease. Specific disorders such as anxiety and depression are included, as is the integration of service provision. The book also explores the evidence of specific psychotherapeutic interventions and includes guidelines on techniques that can be used in clinical practice. Complementary therapies are widely sought by patients and families and the evidence base is slowly growing - a comprehensive review of such therapies including herbal and homeopathic medicines is included. Whilst spiritual support and staff support are an integral part of all aspects of psychosocial care, and are incorporated throughout, these areas are also discussed in-depth in individual chapters. Practical guidelines are offered throughout, to encourage the best possible care in this complex area.

PARTNERS

GLASBY, J.; DICKINSON, H. Partnership working in health and social care. Better partnership working series. Bristol: The Policy Press, 2008
ISBN: 9781847420169 Number of pages: 108pp

UK health and social care are increasingly being asked to work together across traditional agency boundaries. Although this sounds easy in theory, doing it in practice is incredibly difficult and complicated. In many cases, moreover, current training programmes, research and textbooks are even more divided than front-line services, and practitioners and managers are often being tasked with making partnerships work without the necessary support. Against this background, this book provide a 'warts and all' introduction to partnership working, summarising current policy and research, setting out useful frameworks and approaches, and helping policy makers and practitioners to work more effectively together.

PECK, E.; DICKSON, H. Managing and leading in inter-agency settings. Better partnership working series Bristol: The Policy Press, 2008
ISBN: 9781847420251 Number of pages: 134pp

Leadership and management are increasingly considered important drivers in terms of organisational performance. Yet, despite being viewed as essential components of partnership working, there is relatively little thoughtful work analysing the relationship between the two sets of ideas. Leadership and management in partnership settings are simultaneously represented as being both the same and yet different to these roles in more traditional settings. What this means in practice is that much of the literature appears somewhat confused - posing practical difficulties for leaders and managers of partnerships who are looking for evidence or

guidance. Against this background, this book provides a robust introduction to the leadership and management of partnerships. It summarises recent trends in policy, establishes what we can learn from research and practice and sets out useful frameworks and approaches to address a range of problems that partnerships face.

PERSONALITY DISORDERS

KRAWITZ, R.; JACKSON, W. Borderline personality disorder. The Facts Series. Oxford: Oxford University Press, 2008

ISBN: 9780199202966

Number of pages: 253pp

Borderline personality disorder (BPD) is a psychiatric condition that affects nearly 2% of the general population, predominantly women. Symptoms of BPD include impulsivity, mood swings, unstable intense relationships and feelings of chronic emptiness. Research on BPD has lagged behind that on other mental health conditions, such as depression and psychosis, primarily due to the lack of evidence of effective treatment but also due to the stigma historically associated with the condition. Fortunately this situation is changing, with improved treatments now available and improved clinician/organizational willingness to engage with those with a diagnosis of BPD. This candid book collaboratively co-authored by a person recovered from BPD and a BPD specialist therapist is written specifically for people with BPD (with support teams, including family, friends and clinicians also likely to benefit from reading the book). This authoritative and easily readable guide provides a compassionate understanding of the condition, plenty of in-depth practical recovery strategies and credible and realistic hope for recovery. The authors draw from the latest research and share years of personal and professional experience that brings the book alive.

POLYCYSTIC OVARY SYNDROME

ELSHEIKH, M.; MURPHY, C. Polycystic ovary syndrome. The Facts Series. Oxford: Oxford University Press, 2008

ISBN: 9780199213689

Number of pages: 220pp

Polycystic ovary syndrome (PCOS) is a complex condition relating to a hormone imbalance of the ovaries. It can cause irregular or absent menstrual cycles, reduced fertility, excess facial/body hair growth and an increased risk of diabetes. An estimated 10% of the adult female population - approximately 2 million of the 19 million adult women in Britain - are affected by PCOS. Written by a consultant endocrinologist and a dietician who run a PCOS clinic at a major hospital in the UK, this book aims to help women better understand PCOS and manage their condition. The book comprises concise chapters offering practical advice on the causes, symptoms, diagnosis and treatment of PCOS. The book also includes a useful section dedicated to weight management as well as a resource section including GI and calorie tables, and a list of helpful websites.

POPULATION STUDIES

OFFICE FOR NATIONAL STATISTICS. Population trends. No. 134 Winter 2008.

London: The Stationery Office, 2008

ISBN: 9780230217584

Number of pages: 90pp

Reference Only book

Contains statistics on Demographic indicators; Features: Ageing and mortality in the UK: national statistician's annual article on the population; Population 'turnover' and 'churn' - enhancing understanding of internal migration in Britain through measures of stability; and The National Population Projections Expert Advisory Group: results from a questionnaire about future trends in fertility, mortality and migration. Annual update: Births in England and Wales, 2007.

PSYCHOLOGY

THALER, R.H.; SUNSTEIN, C.R. Nudge: improving decisions about health, wealth, and happiness. London: Yale University Press, 2008

ISBN: 9780300122237

Number of pages: 293pp

Every day, we make decisions on topics ranging from personal investments to schools for our children to the meals we eat to the causes we champion. Unfortunately, we often choose poorly. The reason, the authors explain, is that, being human, we all are susceptible to various biases that can lead us to blunder. Our mistakes make us poorer and less healthy; we often make bad decisions involving education, personal finance, health care, mortgages and credit cards, the family, and even the planet itself. Thaler and Sunstein invite us to enter an alternative world, one that takes our humanness as a given. They show that by knowing how people think, we can design choice environments that make it easier for people to choose what is best for themselves, their families, and their society. Using colorful examples from the most important aspects of life, Thaler and Sunstein demonstrate how thoughtful "choice architecture" can be established to nudge us in beneficial directions without restricting freedom of choice. Nudge offers a unique new take - from neither the left nor the right - on many hot-button issues, for individuals and governments alike.

PUBLIC HEALTH

GREAT BRITAIN SCOTTISH PARLIAMENT. Public Health etc. (Scotland) Act 2008: 2008 asp 5. London: The Stationery Office, 2008

ISBN: 9780105901310

Number of pages: 89pp

Royal assent, 16th July 2008. An Act of the Scottish Parliament to restate and amend the law on public health; to make provision about mortuaries and the disposal of bodies; to enable the Scottish Ministers to implement their obligations under the International Health Regulations; to make provision relating to the use, sale or hire of sunbeds; to amend the law on statutory nuisances.

JEWELL, T. Chief Medical Officer for Wales: annual report 2007 / Prif Swyddog Meddygol Cymru: adroddiad blynyddol 2007. Cardiff: Welsh Assembly Government, 2008
ISBN: 9780750449786 Number of pages: 112pp

In his second report as Chief Medical Officer for Wales, Dr Tony Jewell reports on the challenges to health in Wales and efforts to tackle them. The report details achievements during 2007, including the introduction of the smoking ban, and explains how coordination across different sectors helps improve public health. The focus for the future is on creating better health and well-being for all, which includes dealing with specific challenges that exist in deprived areas. / Yn ei ail adroddiad mae Dr Tony Jewell, Prif Swyddog Meddygol Cymru, yn adrodd ar yr heriau i iechyd yng Nghymru a'r ymdrechion i fynd i'r afael â hwy. Mae'r adroddiad yn nodi cyraeddiadau 2007, gan gynnwys cyflwyno'r gwaharddiad ar smygu, ac mae'n esbonio sut y mae cydgysylltu ar draws gwahanol sectorau yn helpu i wella iechyd y cyhoedd. Gwella iechyd a lles pawb yw'r canolbwynt ar gyfer y dyfodol, sy'n cynnwys mynd i'r afael â heriau penodol mewn ardaloedd o amddifadedd.

PULMONARY DISEASES

MIDGLEY, C. (ED). Chronic obstructive pulmonary disease: a forgotten killer. Introducing Health Sciences. Oxford: Oxford University Press, 2008
ISBN: 9780199237326 Number of pages: 108pp

This book discusses one effect of changing environments and lifestyles on the health of modern human populations: chronic obstructive pulmonary disease (COPD). COPD is a progressive lung disease that is caused by long-term exposure to particulate smoke or dust pollution. Damage to the lungs is irreversible, and the resulting reduction in the supply of oxygen to the body has wide-ranging effects on the individual's general health and mobility, and impacts upon all aspects of their life including work, family, and social participation. Chronic Obstructive Pulmonary Disease - A Forgotten Killer uses a multidisciplinary approach to bring together an introduction to the science of respiratory function with aspects of the epidemiology, psychology, treatment and prevention of COPD. The text is supported by a fully interactive DVD with videos and interactive exercises made in collaboration with respiratory practitioners at Sheffield University Medical School and Sheffield Royal Hallamshire Hospital. The DVD includes the videos 'Living with COPD', 'Testing lung function in the respiratory clinic', and 'Exercise rehabilitation for COPD'. It also features an animation, 'Respiration and COPD', which enables the viewer to visualise the processes of gas exchange between the atmosphere and lungs, and the bloodstream and body tissue, in individuals with and without COPD.

QUANTITATIVE RESEARCH

TREIMAN, D.J. Quantitative data analysis: doing social research to test ideas. San Francisco: Jossey-Bass, 2009
ISBN: 9780470380031 Number of pages: 443pp

This book is an introduction to quantitative data analysis, concentrating on the key issues facing those new to research, such as how to decide which statistical procedure is suitable, and how to interpret the subsequent results. Each chapter includes illustrative examples and a set of exercises that allows readers to test their understanding of the topic.

SCHOOLS

WELSH ASSEMBLY GOVERNMENT; NATIONAL STATISTICS. Schools in Wales: general statistics 2008 / Ysgolion yng Nghymru: ystadegau cyffredinol 2008. Cardiff: Welsh Assembly Government, 2008

ISBN: 9780750449656

Number of pages: 197pp

'Schools in Wales: General Statistics 2008' is the first of a two part series of annual publications prepared by the Welsh Assembly Government. Information relating to the schools sector is presented in this volume. Figures relating to examination results and National Curriculum assessment results will be published in "Schools in Wales: Examination Performance 2008". / 'Ysgolion yng Nghymru: Ystadegau Cyffredinol 2008' yw y cyntaf o ddwy ran o gyhoeddiadau blynyddol a baratoir gan Llywodraeth Cynulliad Cymru. Gwybodaeth am sector yr ysgolion yn unig a roir yn y gyfrol hon: cyhoeddir ffigurau sy'n ymwneud â chanlyniadau arholiadau ac asemiadau'r Cwricwlwm Cenedlaethol yn y gyfrol 'Ysgolion yng Nghymru: perfformiad mewn Arholiadau 2007'.

SEXUALLY TRANSMITTED DISEASES

HEATON-HARRIS, N. Sexually transmitted infections: the essential guide. Peterborough: Need2Know, 2008

ISBN: 9781861440518

Number of pages: 98pp

Finding a partner in life today is fraught with difficulties to start with, but when you consider all the sexual risks too, then the stakes are raised. This guide to sexually transmitted infections is one way forward to making the whole process easier. It clearly explains all the infections you can be at risk from, their symptoms and treatments, and what you can do to prevent infection. Information is provided on alcohol abuse and STIs, what happens at a GU clinic and what you need to remember when meeting someone new. Advice is also included within each chapter on talking to teenagers about STIs, whether that teenager is your child or pupil. If you want to protect yourself, learn more about a condition you have or just want to talk frankly about how these issues are dealt with, then this is the book for you.

SLEEPING DISORDERS

STORES, G. Sleep problems in children and adolescents. The Facts Series. Oxford: Oxford University Press, 2009

ISBN: 9780199296149

Number of pages: 149pp

Sleep problems in children and adolescents are very common and often the cause of concern and distress for both the child and the family. They can affect behaviour, learning and sometimes physical health. There are many possible causes for sleep problems, some psychological, others physical, and this book will help you to identify and explain problems in your own child, leading you to the appropriate advice or treatment as necessary. The book starts by explaining the importance and nature of sleep and the changes that occur as your child grows up. It then describes why children may not sleep well at different ages from babyhood to adolescence, the causes of being excessively sleepy during the day, and the types of unusual behaviours or experiences that a child can have at night. The various types of treatment needed for these problems are explained. The later chapters discuss

those children who are especially liable to have sleep problems, the ways in which sleep problems may be mistaken for other conditions, the ways in which unsatisfactory sleep can be spotted at home and at school, and how to get help for your child's disturbed sleep. Throughout the book, cases are described to illustrate how children with various sleep disorders have been correctly diagnosed and treated. The book is intended to raise awareness of the importance of children's sleep disorders, as well as their recognition and treatment.

SMOKING

FAYTER, D. ET AL. Population tobacco control interventions and their effects on social inequalities in smoking. CRD Report 39. York: Centre for Reviews and Dissemination, University of York, 2008

ISBN: 9781900640480

Number of pages: 320pp

The overall aims of this project were: To synthesise the best available evidence about the differential effects of population tobacco control interventions on groups with different sociodemographic characteristics; To assess which interventions are likely to be effective in reducing smoking-related health inequalities and to identify reasons why other interventions may be ineffective, attempting to answer the questions: What works? What might work? For whom? In what contexts?; To extend systematic review methods by integrating existing, related systematic reviews and the primary studies included in those reviews into a new systematic review, taking a broad view of the types of evidence which are available in seeking to answer a policy-relevant question, and To identify where evidence is lacking and to suggest areas where further primary or secondary research is required.

FIRTH, L. (ED). Smoking. Issues today 8. Cambridge: Independence Educational Publishers, 2008

ISBN: 9781861684059

Number of pages: 28pp

This resource for Key Stage 3 includes information about tobacco use, smoking regulations and the health effects of smoking.

SOCIAL ISSUES

FITZPATRICK, T. Applied ethics and social problems: moral questions of birth, society and death. Bristol: The Policy Press, 2008

ISBN: 9781861348593

Number of pages: 270pp

In this book the author presents introductions to the three most influential moral philosophies: Consequentialism, Kantianism and Virtue Ethics. He then relates these to some of the most urgent questions in contemporary public debates about the future of welfare services. These include: Taxing unhealthy habits; drug legalisation; parental choice in education; abortion; euthanasia; and, migration and cultural diversity. In each case he asks a perennial question: what are the legitimate boundaries of state action and individual liberty?

SOCIAL SURVEYS

FOWLER, F.J. Survey research methods. 4th ed. Applied Social Research Methods: volume 1. London: Sage Publications, 2009
ISBN: 9781412958417 Number of pages: 199pp

This book presents the very latest methodological knowledge on surveys. Author Floyd Fowler provides students and researchers who want to collect, analyze, or read about survey data with a sound basis for evaluating how each aspect of a survey can affect its precision, accuracy, and credibility. The Fourth Edition has been updated in four primary ways: it much more prominently addresses the growth of the Internet for data collection and the subsequent rapid expansion of online survey usage; it addresses the precipitous drop in response rates for telephone surveys, particularly those based on random-digit dialing; it offers new and expanded coverage monitoring the continued improvement in techniques for presurvey evaluation of questions; and it addresses the growing role of individual cell phone in addition - and often instead of - household landlines. Two new chapters, "The Nature of Error in Surveys" and "Issues in Analyzing Survey Data," further emphasize the importance of minimizing nonsampling errors through superior question design, quality interviewing, and high response rates.

STATISTICS

OFFICE FOR NATIONAL STATISTICS. Health statistics quarterly. No 40, Winter 2008. Basingstoke: Palgrave Macmillan, 2008
ISBN: 9780230217638 Number of pages: 98pp Reference Only book

This issue contains statistics on: Health indicators; Regional differences in male mortality inequalities using the National Statistics Socio-economic Classification, England and Wales, 2001-03; Geographical trends in infant mortality: England and Wales, 1970-2006; and Standardised Mortality Ratios - the effect of smoothing ward-level results. Reports on: Infant and perinatal mortality in England and Wales by social and biological factors, 2007; Excess winter mortality in England and Wales, 2007/08 (provisional) and 2006/07 (final); Health expectancies in the United Kingdom, 2004-06; Life expectancy at birth and at age 65 by local areas in the United Kingdom, 2005-07; and Cancer incidence and mortality in the United Kingdom and constituent countries, 2003-05. Available on the web: <http://www.statistics.gov.uk/statbase/Product.asp?vlnk=6725> (accessed 11/09/2008).

STRESS

IVE, F. Stress: the essential guide. Peterborough: Need2Know, 2008
ISBN: 9781861440549 Number of pages: 102pp

People will always get divorced, leave their jobs, move home and encounter traffic jams. However, instead of letting stress take over, positive steps can be taken to minimise its detrimental effects. This book helps you identify and deal with stressful situations, both at home and at work. Its easy-to-read style shows you what to do in extreme circumstances of stress, how to minimise the pressure you put on yourself and where to get further help and support. Relaxation strategies, complementary therapies and exercise plans are also included. Whether it is your life that is

spiralling out of control, or you want to support someone close to you, this book is here to help.

STROKE

LINDLEY, R.I. Stroke. The Facts Series. Oxford: Oxford University Press, 2008
ISBN: 9780199212729 Number of pages: 133pp

Stroke is a common cause of disability and the third commonest cause of death but it fails to attract much public attention. This book seeks to redress the balance by describing who is at the most risk of stroke and why. Anyone can have a stroke, but why is it mainly a disease of older age? Why do babies and children get strokes? What should we do for suspected stroke? How should stroke be treated and perhaps more importantly, how can we all make changes to our lives to prevent this happening to ourselves and our family. This guide features all the facts you need to understand why strokes occur and how to prevent strokes in the future. For those living with strokes the author looks at the most common problems and provides the most reliable solutions. This book will be of great interest to those who have had a stroke or Transient Ischaemic Attack, and for those who worry about having a stroke.

SUBSTANCE MISUSE

WELSH ASSEMBLY GOVERNMENT. Working together to reduce harm: performance management framework: substance misuse in Wales 2007-2008. Cardiff: Welsh Assembly Government, 2008
ISBN: 9780750449120 Number of pages: 87pp

The aim of this report is to progressively year on year, provide an analysis of data from the Welsh National Database and other routinely collected sources to capture accurately emerging patterns and trends and broaden our understanding of the nature of substance misuse in Wales. The use of all available data will be particularly important in assisting with measuring progress under the new Welsh Assembly Government's Strategy "Working Together to Reduce Harm - a 10 year strategy to tackle substance misuse in Wales". Chapters 4 and 5 provide additional substance misuse related evidence currently available in Wales, drawn from a number of data sources including information from the Patient Episode Database Wales (PEDW) - also known as APC, Office for National Statistics (ONS) information and Home Office Police data. This is being further enhanced with the first prevalence estimate of problematic drug use in Wales and the development of a prevalence estimate for problematic alcohol use.

SUICIDE

MCDALD, C. ET AL. Systematic review of the effects of interventions for people bereaved by suicide. CRD Report 38. York: Centre for Reviews and Dissemination, University of York, 2008
ISBN: 9781900640466 Number of pages: 77pp

This systematic review was undertaken with the primary aim of evaluating the effects of interventions aimed at persons bereaved by suicide. A secondary aim

was to provide a descriptive overview of interventions for persons bereaved by suicide that have been reported in the literature.

WELSH ASSEMBLY GOVERNMENT. Talk to me: a national action plan to reduce suicide and self harm in Wales 2008-2013 / Siarad â fi: cynllun gweithredu cenedlaethol i leihau hunanladdiad a hunan-niwed yng Nghymru 2008-2013. Cardiff: Welsh Assembly Government, 2008
ISBN: 9780750448543 Number of pages: 14pp

Suicide and self-harm are important issues in Wales that affect people of all ages, young and old, male and female. It affects their families, friends and the communities in which they live. Every suicide is a tragedy, a life and family member lost. For those left behind suicide leaves a wound that does not easily heal. To ensure action is taken, the Welsh Assembly Government is launching a national plan to reduce suicide and self harm. / Mae hunanladdiad a hunan-niwed yn faterion pwysig yng Nghymru, materion sy'n effeithio ar bobl o bob oed, hen ac ifanc, dynion a menywod. Mae'n effeithio ar eu teuluoedd, eu ffrindiau ac ar y cymunedau lle maen nhw'n byw. Mae pob hunanladdiad yn drasiedi. Mae rhywun wedi colli'i fywyd a theulu wedi colli aelod. I'r rhai sydd ar ôl mae hunanladdiad yn gadael clwyf sydd ddim yn gwella'n hawdd. I sicrhau bod camau'n cael eu cymryd, mae Llywodraeth Cynulliad Cymru yn lansio cynllun cenedlaethol i leihau hunanladdiad a hunan-niwed.

SURVEY

CRAIG, R.; SHELTON, N. (EDS). Health Survey for England 2007 volume 1. Healthy lifestyles: knowledge, attitudes and behaviour. Leeds: The NHS Information Centre, 2008
ISBN: Number of pages: 355pp

The 2007 Health Survey for England focuses on knowledge, attitudes and behaviour on key aspects of lifestyle - smoking, drinking, eating and physical activity. Both adults and children were asked about their views on what constitutes healthy behaviour, their knowledge of government recommendations and the factors that may encourage or discourage healthy behaviour. A secondary focus was the impact of the smokefree legislation. The 2007 survey allowed an initial examination of the effect of the legislation by looking at adults' and children's smoking behaviour and their exposure to other people's smoke, pre and post 1 July 2007 (the date the legislation came into effect). As well as questions being asked, saliva samples were taken and tested for cotinine, an indicator of recent nicotine exposure. Trend tables are also produced each year focusing on key changes in core topics and measurements over time.

CRAIG, R.; SHELTON, N. (EDS). Health Survey for England 2007 volume 2: methodology and documentation. Leeds: The NHS Information Centre, 2008
ISBN: Number of pages: 210pp

The 2007 Health Survey for England focuses on knowledge, attitudes and behaviour on key aspects of lifestyle - smoking, drinking, eating and physical activity. Volume 2 reports on the methodology and is one of two volumes based on the survey.

TEAMWORK

JELPHS, K.; DICKINSON, H. Working in teams. Better partnership working series. Bristol: The Policy Press, 2008
ISBN: 9781847420336 Number of pages: 126pp

A key feature of recent health and social care policy landscape has been about delivering services which are designed around the needs of the service user. In practice this has meant that professionals are increasingly exhorted to work together with a range of stakeholders, across traditional boundaries in 'teams'. Teamworking is represented as playing a central role in the improvement of health and social care and it is difficult to argue against something that is familiar to all of us and has such positive overtones. However, teamworking is mentioned so often, with so many different promises that there is danger of it being seen as misguided rhetoric rather than practical reality. Although in theory working in teams sounds easy, doing it in practice within the complex systems today's practitioners are faced with is incredibly difficult, complicated and often frustrating. This accessible text introduces a range of theories, models and research to demonstrate the benefits - and pitfalls - inherent in teamworking, and provides frameworks and practical advice on how inter-agency teams may be made to function more effectively.

THYROID DISORDERS

VANDERPUMP, M.P.J.; TUNBRIDGE, W.M.G. Thyroid disease. 4th ed. The Facts Series. Oxford: Oxford University Press, 2008
ISBN: 9780199205714 Number of pages: 212pp

In the past decade, there has been increasing recognition of thyroid diseases as a common health problem. While there have been few major new advances in treatment, there is much greater understanding of why thyroid disorders occur and the long-term health effects of thyroid disease. As people with thyroid disease begin to know more about their disorder, they are able to co-operate better with treatment and their anxieties about the problem can be significantly reduced. This fourth edition of Thyroid Disease: The Facts provides a reader-friendly source of information and reassurance for those people with thyroid disorders and their families. The book covers the wide range of conditions associated with thyroid dysfunction, from simple goitre to more complex disorders such as Graves' disease and Hashimoto's thyroiditis. This edition also includes several completely new chapters, including one specifically devoted to thyroid disorders in infants, children and adolescents. Each chapter concludes with a Question and Answer section.

TRAFFIC ACCIDENTS

DEPARTMENT FOR TRANSPORT; SCOTTISH GOVERNMENT; WELSH ASSEMBLY GOVERNMENT. Road casualties Great Britain 2007. London: The Stationery Office, 2008
ISBN: 9780115529818 Number of pages: 190pp Reference Only book

On cover: Road Casualties Great Britain 2008: Annual Report. This book provides detailed analyses of road casualties and reports on trends in relation to casualty reduction targets. It presents statistics collected to an agreed national standard about personal injury road accidents and their consequent casualties. These

statistics are used to inform public debate on matters of road safety and to provide both a local and national perspective for road safety problems and their remedies.

TRANSPORT

DOCHERTY, I.; SHAW, J. (EDS). Traffic jam: ten years of 'sustainable' transport in the UK. Bristol: The Policy Press, 2008
ISBN: 9781847420725 Number of pages: 250pp

This book offers a timely analysis of the UK government's sustainable - or subsequently 'integrated' - transport policy 10 years after the publication of "A New Deal for Transport: Better for Everyone". The book identifies the modest successes and, sadly, the far more significant failures in government policy over the last decade. The authors also uncover why it has proved so difficult to adopt a more sustainable approach to transport and break Britain's love-affair with the car. The book reviews the links between the idea of sustainability and transport policy, and provides an up-to-the-minute analysis of the political realities surrounding the delivery of a sustainable transport agenda in the UK. It picks up on the principal components of "A New Deal for Transport" and evaluates to what extent these have, or haven't, been delivered in England, Scotland, Wales and Northern Ireland. The contributors analyse why delivering sustainable transport policies seems to present particular difficulties to ministers across the UK, and considers the UK's experience in an international perspective. The book draws lessons from the last 10 years in order to better inform future policy development.

UNEMPLOYMENT

GOVERNMENT OFFICE NETWORK. Mapping public service funded initiatives: tackling worklessness in deprived areas. London: Government Office for London, 2008
ISBN: Number of pages: 44pp

This report provides information on initiatives across Great Britain that have a focus on tackling worklessness with vulnerable groups in deprived areas. The report is the outcome of research commissioned by the Government Office for London and supported by the Local Government Association and the Cabinet Office Social Exclusion Taskforce.

WELLNESS

VERNON, M. Wellbeing. The Art of Living Series. Stockfield: Acumen Publishing, 2008
ISBN: 9781844651535 Number of pages: 144pp

In his new book, Mark Vernon discovers that happiness cannot be found by seeking it directly. Indeed, this is the key insight of nearly every philosopher who has ever considered it. Rather, as Vernon shows, the crunch issue is our ability, or inability, to find a sense of meaning or value that goes beyond everyday life. The search for transcendence, argues Vernon, is the greatest challenge of our day. The idea that we are part of "something bigger", something unfamiliar and unknown, was, until modern times, a fundamental step in cultivating wellbeing. Whereas today happiness is all too often associated with pleasure, a concern with the bits and pieces that might make up a good life, rather than a love of the good itself and a search for the good in life. Unless our understanding of wellbeing is both more

expansive and profound, Vernon argues, people will only be let down, for all the warm-sounding words that are uttered. Drawing on the insights of the ancient Greek philosophers, Wellbeing challenges us to think about our values and beliefs, to discover a sense of place in the universe, and to work out how to give ourselves to love and life. In doing so, wellbeing is found to be within the grasp of us all.

WORLD HEALTH ORGANIZATION REPORTS

ACCIDENTS

SETHI, D. ET AL. Progress in preventing injuries in the WHO European Region: implementing the WHO Regional Committee for Europe resolution EUR/RC55/R9 on prevention of injuries in the WHO European Region and the Recommendations on the Council of the European Union on the prevention of injury and promotion of safety. Copenhagen: World Health Organization Regional Office for Europe, 2008
ISBN: 9789289071994 Number of pages: 39pp

This publication presents an overview of progress achieved by Member States in implementing resolution EUR/RC55/R9 and the European Council Recommendation on the prevention of injuries.

STATISTICS

WORLD HEALTH ORGANIZATION, REGIONAL OFFICE FOR EUROPE. Atlas of Health in Europe. 2nd ed. Copenhagen: World Health Organization Regional Office for Europe, 2008
ISBN: 9789289014106 Number of pages: 126pp

This statistical atlas presents key health figures for the WHO European Region. They cover basic data on populations, births, deaths, life expectancy and diseases, lifestyle and environmental indicators such as drinking, smoking and traffic accidents, and type and levels of health care.

TUBERCULOSIS

WRIGHT, A.; ZIGNOL, M. Anti-tuberculosis drug resistance in the world: fourth global report. The World Health Organization/International Union Against Tuberculosis and Lung Disease (WHO/UNION) Global Project on Anti-Tuberculosis Drug Resistance Surveillance 2002-2007. Geneva: World Health Organization, 2008
ISBN: 9789241563611 Number of pages: 152pp

The primary aim of this report is to share survey and surveillance data on drug resistance in tuberculosis. This is the fourth report of The World Health Organization/International Union Against Tuberculosis and Lung Disease (WHO/UNION) Global Project on Anti-Tuberculosis Drug Resistance Surveillance 2002-2007.

ONLINE REPORTS

These reports are available online only – the Library does not have printed copies.

ADOLESCENTS

THOMAS, J ET AL. Targeted youth support: rapid evidence assessment of effective early interventions for youth at risk of future poor outcomes. EPPI Centre report no. 1615. London: University of London, 2008
ISBN: 9780955908767 Number of pages: 105pp

Targeted Youth Support (TYS) is an initiative aimed at vulnerable young people and involves ensuring that agencies work together to meet young people's needs. The initiative's rationale is that a collaborative, 'joined-up' approach is needed because young people may have complex and multiple needs which cannot be met by mainstream or specialist services in isolation. This report was commissioned by the Department for Children, Schools and Families (DCSF) to explore what works for young people in relation to the outcomes prioritised by the YYS initiative. Available at: <http://eppi.ioe.ac.uk/cms/Default.aspx?tabid=2417> Accessed: 06/01/09

BLACK AND MINORITY ETHNIC GROUPS

CABALLERO, C.; EDWARDS, R.; PUTHUSSERY, S. Parenting 'mixed' children: negotiating difference and belonging in mixed race, ethnicity and faith families. York: Joseph Rowntree Foundation, 2008
ISBN: 9781859356616 Number of pages: 76pp

Insights into parenting 'mixed' children. More and more is known about the 'mixed' population of Britain – those brought up in families with different racial, ethnic and faith backgrounds. But less is known about their parents. Who are they and what are their experiences of bringing up their children?
This report aims to provide insights about parenting mixed children to inform debates about family life and professional strategies for support. Available on the web at: <http://www.jrf.org.uk/bookshop/details.asp?pubID=962> (Accessed 05/12/08).

CRIME

LYNN, J. Community leadership approaches to tackling street crime. York: Joseph Rowntree Foundation, 2008
ISBN: 9781859356425 Number of pages: 50pp

A review of whether the approaches taken to tackling street crime by a social enterprise in Manchester might be relevant to similar neighbourhoods in other areas. The United Estates of Wythenshawe (UEW) group in south Manchester is tackling street crime through its work with young people in Benchill, one of the UK's most deprived wards. By converting a disused church into a community centre with a gym and many other activities, the group now has a base from which to work with young people. This study reviews their work in sharing their approaches with similar neighbourhoods in the Midlands and the North of England. Available on the web at: <http://www.jrf.org.uk/bookshop/details.asp?pubID=955> (Accessed 05/12/08).

COMMUNITY DEVELOPMENT

BARNES, M. ET AL. Designing citizen-centred governance. York: Joseph Rowntree Foundation, 2008
ISBN: 9781859356487 Number of pages: 96pp

A review of the opportunities and challenges of citizen-centred governance. Citizen-centred governance involves new ways of enabling local people, working with statutory and other agencies, to decide how public services can improve their quality of life. This study examined the relationship between new governance structures and the engagement of citizens, service users and the voluntary and community sectors, with the aim of identifying lessons for policy and practice. Available on the web at: <http://www.jrf.org.uk/bookshop/details.asp?pubID=956> (Accessed 05/12/08).

ICARUS COLLECTIVE. An evaluation of Local Links: reviewing a pilot programme to develop active networks in local communities. York: Joseph Rowntree Foundation, 2008
ISBN: 9781859356272 Number of pages: 42pp

An evaluation of Common Purpose's Local Links programme, which aims to develop active networks in local communities. This report evaluates a pilot programme that is exploring the potential to develop active networks in local communities. It informs the current debate on neighbourhood governance and builds on JRF research that explores issues of community empowerment, local governance and user participation in local service delivery. Available on the web at: <http://www.jrf.org.uk/bookshop/details.asp?pubID=938> (Accessed 05/12/08).

HAY, S. Developing active networks in local communities: a review of Local Links, a pilot programme in West Yorkshire. York: Joseph Rowntree Foundation, 2008
ISBN: 9781859356289 Number of pages: 88pp

This study reports on an action research programme designed to assist local people to be better informed, empowered and more effective in their community roles. The pilot 'Local Links' programmes, run by Common Purpose in four areas of West Yorkshire, were designed to support active networking, skills development and information sharing for locally based decision makers and active citizens. This report explores whether the scheme was effective, and what benefits this approach has for communities. Available on the web at: <http://www.jrf.org.uk/bookshop/details.asp?pubID=939> (Accessed 05/12/08).

COMMUNITY PARTICIPATION

BLAKE, G. ET AL. Community engagement and community cohesion. York: Joseph Rowntree Foundation, 2008
ISBN: 9781859356609 Number of pages: 94pp

An exploration of the challenges to be addressed if government policies to promote community engagement are to be genuinely inclusive of newcomers as well as more established communities. Community engagement and community cohesion are both current public policy priorities. But there have been gaps in our understanding about how to promote community representation in ways that take

account of diversity and population change. Available on the web at:
<http://www.jrf.org.uk/bookshop/details.asp?pubID=963> (Accessed 05/12/08).

DRUG MISUSE

LISTER, S. ET AL. Street policing of problem drug users. York: Joseph Rowntree Foundation, 2008

ISBN: Number of pages: 74pp

Street policing of problem drug users from the perspective of drug users and policing professionals. The study provides important insights into policing practices and draws out implications for policy development, ahead of the Government's new drugs strategy which will be launched in 2008. The report: describes the organisation of street policing of problem drug users; examines the nature and purpose of street encounters between the police and drug users; analyses drug users' experiences of policing; and considers the implications of street policing for drug users and local communities. The researchers worked with three police forces in England and Wales, interviewing police officers and problem drug users, professionals at drug agencies and local councils. Available on the web at: <http://www.jrf.org.uk/bookshop/details.asp?pubID=932> (Accessed 05/12/08).

ECONOMICS

ATKINSON, A.B. Economics as a moral science (inaugural JRF Lecture). York: Joseph Rowntree Foundation, 2008

ISBN: Number of pages: 12pp

While welfare economics was a subject of importance half a century ago, today it has largely disappeared from the mainstream. In this lecture, Professor Sir Tony Atkinson argues that welfare economics is not only a legitimate exercise, but one to which economists should devote more time and attention. Economics is a moral science. Welfare economics should be a central part of the discipline. Available on the web at: <http://www.jrf.org.uk/bookshop/details.asp?pubID=960> (Accessed 3/12/08).

EDUCATION

HIGGINS, C.; LAVIN, T.; METCALFE, O. Health impacts of education: a review. Belfast: Institute of Public Health in Ireland, 2008

ISBN: 9780955959813 Number of pages: 36pp

This review is the fourth in a series and illustrates how education impacts on health. It shows how education influences health through a range of interconnecting pathways and identifies the ways in which social, economic and cultural differences within the population impact on the experience of and outcomes from education with subsequent implications for health. Available at: <http://www.publichealth.ie/publications/healthimpactsofeducationareview> (accessed 29/1/09)

RUANE, C. Every school a good school: a strategy for raising the achievement in literacy and numeracy in Northern Ireland. Bangor: Department for Education (Northern Ireland), 2008

ISBN: Number of pages: 55pp

Northern Ireland consistently performs to the UK's highest levels at GCSE level. However, there is significant gap in the achievement of students who require additional educational support, including deaf children. The aim of this document is to address the attainment gap and provide teaching methods to improve literacy and numeracy in our schools.

Available at:

http://www.ndcs.org.uk/professional_support/news/every_school_a_good.html

Accessed: 06/01/09

HOUSING

MILBOURNE, P. JRF Commission on Rural Housing in Wales: final report. York: Joseph Rowntree Foundation, 2008

ISBN: 9781859356623 Number of pages: 52pp

An independent analysis of the levels of housing need in rural Wales, its causes, and recommendations for positive policy and practice change. This report is the conclusion of the work of the independent JRF Commission on Rural Housing in Wales. Rising unmet housing need has been a growing trend across the UK and rural Wales has been no exception; in fact issues of affordability, homelessness and the need for social housing have often been more acute in rural Welsh areas. The report is based on new and existing evidence received from government, local authorities, housing professionals, other relevant stakeholders and members of the public. Available on the web at:

<http://www.jrf.org.uk/bookshop/details.asp?pubID=958> (Accessed 05/12/08).

IMMIGRATION

THREADGOLD, T. ET AL. Immigration and inclusion in South Wales. York: Joseph Rowntree Foundation, 2008

ISBN: 9781859356456 Number of pages: 98pp

This research explores the impact of new migration on established communities in south-east Wales, in particular on the issues of community, integration and cohesion. It documents everyday life for both migrants and receiving communities. It explores the views and experiences of people from a range of ethnically diverse geographical areas, and different kinds of migrants. Available on the web at:

<http://www.jrf.org.uk/bookshop/details.asp?pubID=968> (Accessed 06/12/08).

HICKMAN, M.; CROWLEY, H.; MAI, N. Immigration and social cohesion in the UK: the rhythms and realities of everyday life. York: Joseph Rowntree Foundation, 2008

ISBN: 9781859356593 Number of pages: 214pp

This study is about understanding the relationship between recent immigration and social cohesion in the context of other social and economic transformations that affect everyday life for everyone living in the UK. Current public debates often associate increasing ethnic diversity resulting from immigration with the erosion of

social cohesion. This research suggests that issues of deprivation, disadvantage and long-term marginalisation, unrelated to immigration, must also be considered – as well as how people relate to each other – to ensure social cohesion. Available on the web at: <http://www.jrf.org.uk/bookshop/details.asp?pubID=970> (Accessed 06/12/08).

INFLUENZA

NICE. Oseltamivir, amantadine (review) and zanamivir for the prophylaxis of influenza. NICE Technology Appraisal Guidance 158 : NICE, 2008
ISBN: Number of pages: 37pp

This guidance has been prepared with the expectation that vaccination against influenza is undertaken in accordance with national guidelines. Vaccination has been established as the first-line intervention to prevent influenza and its complications, and the use of drugs as recommended in this guidance should not detract from efforts to ensure that all eligible people receive vaccination. Available at: <http://www.nice.org.uk/nicemedia/pdf/TA158GuidanceWord.doc>
Accessed: (31/12/08)

MENTAL HEALTH

DEPARTMENT OF HEALTH. Mental health and ill health in doctors. London: Department of Health, 2008
ISBN: Number of pages: 36pp

This report looks at mental health and ill health in doctors and the factors that influence them. It outlines ways in which the NHS can provide appropriate services and encourage doctors and other health care workers to seek early advice and support for mental health problems.

Available at:

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_083066 (Accessed 31/12/08)

PARENTING

WAYLEN, A.; STEWART-BROWN, S. Parenting in ordinary families: diversity, complexity and change. York: Joseph Rowntree Foundation, 2008
ISBN: 9781859356555 Number of pages: 74pp

Parenting during early and middle childhood and how it changes over time. Health and social service workers often have to decide whether parenting is appropriate. Similarly, policy-makers planning services for families need information about parenting norms and detrimental parenting. This report is intended to provide support for such decision-making, so as both to reduce the risks to children and avoid inappropriate censuring of parents. It examines parenting in Britain during early and middle childhood within different social and cultural groups. It also looks at how parenting develops and changes over time. Available on the web at: <http://www.jrf.org.uk/bookshop/details.asp?pubID=967> (Accessed 06/12/08).

POVERTY

WOMEN'S BUDGET GROUP. Women and poverty: experiences, empowerment and engagement. York: Joseph Rowntree Foundation, 2008
ISBN: 9781859356371 Number of pages: 56pp

A project to empower women in poverty to take part in the policy-making process. While the Government has developed strategies to combat poverty, especially for children and pensioners, there is no strategy to challenge women's poverty specifically. This project set out to support women living in poverty so that they could go beyond being 'witnesses' to poverty to become actively involved in policy development. It allowed them to develop ideas to improve their lives and better understand how policy is made. Available on the web at:

<http://www.jrf.org.uk/bookshop/details.asp?pubID=972> (Accessed 06/12/08).

PUBLIC TRANSPORT

LUCAS, K.; TYLER, S.; CHRISTODOULOU, G. The value of new public transport in deprived areas: who benefits, how and why? York: Joseph Rowntree Foundation, 2008
ISBN: 9781859356586 Number of pages: 94pp

An assessment of the value of new transport services to people living in deprived neighbourhoods in England. Regeneration strategies for deprived areas are currently under review. To date there has been little if any direct evaluation of the contribution of transport services to local regeneration. This study evaluates the benefits – both monetary and quality of life – of transport services to the people who use them and to the local practitioners responsible for the wider regeneration of these neighbourhoods. Available on the web at:

<http://www.jrf.org.uk/bookshop/details.asp?pubID=966> (Accessed 06/12/08).

SOCIAL ECONOMIC STATUS

BRADSHAW, J. ET AL. A minimum income standard for Britain: what people think. York: Joseph Rowntree Foundation, 2008
ISBN: 9781859356579 Number of pages: 57pp

A minimum income standard, based on what people said is needed to achieve an acceptable standard of living in Britain today. While politicians from all parties are committed to tackling relative poverty, the debates lack a robust definition of a minimum income standard (MIS), below which people's incomes should not fall. This study devised a minimum income standard for Britain based on what members of the public said, and shows the cost of covering basic goods and services for different household types. The project blends the best elements of the two main methods that have been used to develop budget standards in Britain in recent years. It reconciles the views of experts with those of ordinary people, allowing budgets based on social consensus to be tested against expert knowledge and research. As such, the MIS represents a new and important tool for informing social policy in order to promote fairness and well-being in Britain. Available on the web at:

<http://www.jrf.org.uk/bookshop/details.asp?pubID=965> (Accessed 06/12/08).

UNEMPLOYMENT

FINN, D. ET AL. Delivering benefits, tax credits and employment services: problems for disadvantaged users and potential solutions. York: Joseph Rowntree Foundation, 2008
ISBN: 9781859356531 Number of pages: 86pp

Review of problems and solutions in the benefit delivery system. The front-line delivery of benefits, tax credits and employment services has changed significantly. Emerging problems in the new systems have been subject to intense scrutiny. Despite recent improvements, advocacy and user organisations remain critical of the impact on disadvantaged users. Key areas highlighted are the system's complexity, lower than anticipated take-up rates, poorly developed ICT systems, weak coordination of services, and reduced options for face-to-face contact. This review looks at recent evidence on both problems with service delivery and potential solutions. Available on the web at:

<http://www.jrf.org.uk/bookshop/details.asp?pubID=964> (Accessed 06/12/08).